INSTRUCCIONES PARA LA AUTOEVALUACIÓN

Estas pruebas se ofrecen como muestra ilustrativa del tipo de prueba terminal que el alumno oficial o el candidato libre deberá superar para obtener el certificado oficial de competencia lingüística del nivel correspondiente. Para una correcta autoevaluación, se recomienda que imprima esta prueba y la realice en un entorno tranquilo, sin interferencias externas, con tiempo para el desarrollo completo de la misma y respetando las directrices que a continuación se recogen.

Una vez finalizada la prueba, evalúe sus resultados con la hoja de soluciones facilitada y contraste la puntuación obtenida.

Tiempo total para realizar esta parte: 60 minutos

Condiciones:
▷ No se puede emplear ayuda externa: diccionario, consultas, etc.
▷ Responda en los espacios habilitados para ello
▷ No emplee más tiempo del previsto

Calificación: Total 21 puntos ▷ Apto a partir de 11 puntos
A Day of Play

With so many channels, cartoons and video games available, sometimes it's hard to convince your child to stop watching TV and go play outdoors. But that's exactly what the television network, Nickelodeon, has been telling kids to do on a special day each year for the past five years.

Every year in September Nickelodeon cancels its cartoon channels and website for a period of time. Their goal is to get families to go out and play together. More than 1,000 opportunities to play are created worldwide just for this special event. In this way, Nickelodeon wants to promote healthy choices and help fight obesity.

Being outdoors helps children to become creative. Playing outside is less structured, so it naturally gives children more opportunity for discovery. It gives them a sense of freedom because adults are more relaxed and allow kids to run and play with more energy and enthusiasm. In addition, when children do something like climb up and go down a little hill, they learn they can do this, which really makes them feel more confident. Kids can also learn about space, distance, and time in different ways. For example, a child might ask himself, “How long does it take me to run across the playground?”

There's also a lot of social interaction that goes on when children play outdoors. They can learn by running, shouting, and using their voices. Outdoor play is definitely louder, with more physical movement. In fact, children sleep better when they have played outdoors. Although they may go back home dirty, kids are so exhausted that they would fall asleep in their bath.

During the time there is no programming on Nickelodeon, a special message appears on the screen. For instance, the message on September 29, 2007 was:

“Yes, your TV is working. Yes, this is Nickelodeon. And yes, this is Nickelodeon's World Wide Day of Play! That means YOU should go out and play! Ride a bike, do a dance, kick a ball, skate a board, jump a rope, climb a wall, run a race, do ANYTHING that gets you up and playing! Once you've played, there will be more Nick at 3pm, but until then, get up, get active, and GO PLAY!”

In general, the day is a success. Television may be fun, but when kids are presented with a different opportunity to have fun and be active, they are enthusiastic.

Although Nickelodeon’s Worldwide Day of Play takes place just once a year, outdoor fun can happen any time. Have you played outdoors today?

Adapted from: http://www.timeforkids.com/TFK/kids/news/story/0,28277,1927592,00.html
1. Read the article on the previous page and choose the best possible answer.

☐ 1. Nickelodeon started “Worldwide Day of Play”…
   a) in 2004.
   b) in 2005.
   c) in 2007.
   d) in 2009.

☐ 2. Nickelodeon cancels its programming because…
   a) children need to use their imagination more often.
   b) it wants children to play outdoors with their families and be healthier.
   c) it wants children to get tired and sleep better.
   d) children should spend more time with their families.

☐ 3. When children are playing outdoors, parents…
   a) have a sense of freedom.
   b) get very nervous because their kids get dirty.
   c) are more flexible and not so worried.
   d) feel their children are more creative.

☐ 4. On Nickelodeon’s Worldwide Day of Play there is no programming until…
   a) 3PM
   b) children have played outdoors.
   c) the next day.
   d) the entire family has played outdoors.

2. Read the text again and answer the questions.

1. How often does Worldwide Day of Play take place?
   ____________________________________________________________

2. What two things on Nickelodeon aren’t available when it’s Worldwide Day of Play?
   ____________________________________________________________

3. What’s the only problem when children play outdoors?
   ____________________________________________________________

3. Find words in the text that have the following meanings:

1. Imaginative, original, inventive (adj.): ____________________

2. Without doubt, clearly (adv.): ____________________

3. The opposite of “wake up” (verb): ____________________

4. Entertainment, recreation (n.): ____________________
Chocoholics

Everybody loves chocolate. Chocolate has become one of the most popular food types and flavors in the world. Cacao has been cultivated for at least three millennia in Mexico, Central and South America, with its earliest documented use around 1100 BC. Cocoa is originally from the Americas, today Western Africa produces almost two-thirds of the world’s cocoa, with Côte d’lvoire growing almost half of it. Today, it is one of the best known and recognizable flavors in the world. There are foods that contain chocolate such as chocolate bars, candy, ice cream, cookies, cakes, pies, chocolate mousse, and desserts. Chocolate has also been used as a drink for nearly all of its history, and for hundreds of years the chocolate making process has not changed.

In the UK, it’s very typical to have a cup of cocoa before to bed or a Mars bar on the bus - the British are obsessed with it. The average Briton eats 10kg of chocolate; women eat far more chocolate than men, an amazing 67% of total chocolate consumption. And the most popular snack is KitKat – fifty bars every second in the UK.

Chocoholics are people with a chocolate obsession. But are they addicts? Not according to recent research. This shows that chocolate is not coffee – in fact, there is no proof that chocolate creates addiction at all.

Recent studies that cocoa or dark chocolate may possess certain beneficial effects on human health. It doesn’t raise your cholesterol level or give you acne as people believe, and it can even be good for your teeth! It does, however, contain caffeine and is bad if you get headaches. So the least sensible time to eat it is at night.

The British love chocolate but they are not obsessed like the Swiss. The Swiss are officially the chocolate eaters – but then Swiss chocolate is the best!

Adapted from: http://en.wikipedia.org/wiki/Chocolate
Choose the correct option a, b or c. Write the correct answer in the box provided on the left.

1. a) most popular  b) the most popular  c) more popular
2. a) Although  b) However  c) How
3. a) much  b) many  c) few
4. a) others  b) another  c) other
5. a) to go  b) go  c) going
6. a) by year  b) a year  c) in the year
7. a) are eaten  b) are eating  c) eat
8. a) as addictive as  b) so addicting as  c) as addicting as
9. a) suggested  b) told  c) have suggested
10. a) world’s greatest  b) world great  c) world’s great